LONG TERM CARE OFFICES

Casa Grande

500 North Florence Street Casa Grande, AZ 85222 (520) 421-1500 (520) 836-6828 - fax

Cottonwood

One North Main Street Cottonwood, AZ 86326 (928) 634-8101 (928) 634-8007 – fax

Glendale

2830 West Glendale Ave. Suites 8, 19, & 34 Glendale, AZ 85051 (602) 417-6000 (602) 417-6154 – fax

Kingman

519 East Beale Street, Suite 150 Kingman, AZ 86401 (928) 753-2828 (888) 300-8348 – toll free (928) 753- 6995 – fax

Mesa

460 North Mesa Drive, Suite 101 Mesa, AZ 85201 (602) 417-6400 (480) 644-0878 – fax

Prescott

1570 Willow Creek Road Prescott, AZ 86301 (928) 778-3968 (888) 778-5600 – toll free (928) 778-1232 – fax

Sierra Vista

484 East Wilcox Drive Sierra Vista, AZ 85635 (520) 459-7050 (520) 459-0702 – fax

Yuma

3850 West 16th Street, Suite B Yuma, AZ 85364 (928) 782-0776 (928) 782-2894 – fax

Chinle

PO Box 1942 Chinle, AZ 86503 (928) 674-5439 (888) 800-3804 – toll free (928) 674-5494 –fax

Flagstaff

3480 East Route 66 Flagstaff, AZ 86004 (928) 527-4104 (800) 540-5042 – toll free (928) 527-1686 – fax

Globe/Miami

2250 Highway 60, Suite H Miami, AZ 85539-9700 (928) 425-3165 (888) 425-3165 –toll free (928) 425-7316 – fax

Lake Havasu City

285 S. Lake Havasu Ave., Suite A Lake Havasu City, AZ 86403 (928) 453-5100 (800) 654-2076 – toll free (928) 453-6057 – fax

Phoenix South

700 East Jefferson Phoenix, AZ 85034 (602) 417-6600 (602) 417-6650 – fax

Show Low

580 E. Old Linden Road, Suite 3 Show Low, AZ 85901 (928) 537-1515 (877) 537-1515 – toll free (928) 537-1822 – fax

Tucson

110 South Church Ave, Suite 5132 Tucson, AZ 85701 (520) 205-8600 (800) 824-2656 – toll free (520) 205-8709 – fax



Public Information Brochure

Filing an Application for the Arizona Long Term Care System (ALTCS)

Arizona Health Care Cost Containment System

Policy Information Related to the Arizona Long Term Care Eligibility Application Process

DE-828 (Rev. 1/07)

This information is provided to you by the Arizona Health Care Cost Containment System (AHCCCS).

ALTCS, Arizona Long Term Care System, is Arizona's Medicaid program that provides long term care services at little or no cost to financially and medically eligible Arizona residents who are aged, blind, disabled, or have a developmental disability.

This brochure provides general information about the ALTCS application process and includes basic program requirements regarding residency, age, disability, and citizenship status, as well as general guidelines for financial eligibility which includes resources, income, and medical eligibility requirements. This is a guide only. Additional brochures that address Qualified Medicare Beneficiary, Specified Low Income Beneficiary (QMB/SLMB), Community Spouse, Trusts, and Transfers are available upon request. For more specific questions contact an ALTCS office.

- The \$101,640 maximum Community Spouse Resource Deduction described in this brochure is effective from January 1, 2007 through December 31, 2007. This figure is updated annually in January.
- The \$20,328 minimum Community Spouse Resource Deduction described in this brochure is effective from January 1, 2007 through December 31, 2007. This figure is updated annually in January.
- The \$1,869 income limit described in this brochure is effective from January 1, 2007 through December 31, 2007. This figure is updated annually in January.

WHO SHOULD APPLY FOR ALTCS?

Individuals who are substantially impaired by a medical and / or functional condition that is expected to be long term and limits their capacity for self care should apply for ALTCS. An individual may meet medical eligibility criteria if any combination of the following is present:

- requires nursing care by or under the supervision of a nurse on a daily basis;
- requires regular medical monitoring;
- impaired orientation to time, place or person;
- · needs help with activities of daily living;
- impaired continence; or
- psychosocial deficits.



WHAT SHOULD YOU DO IF YOU HAVE QUESTIONS?

If you have questions on your particular situation, please contact your local ALTCS office for more information. The address and phone numbers for these offices are found on the following page.



MEDICAL ELIGIBILITY

Once an individual is found to be financially eligible, a determination of medical eligibility will be made. The Preadmission Screening (PAS) is the ALTCS' method of determining whether an applicant is medically eligible for the program. It is conducted by a registered nurse or a social worker, in a face to face interview.

To meet medical requirements, an applicant must be at risk of institutionalization in a nursing facility. The PAS process is also used to determine if a child under the age of 18 meets the disability requirements.

ALTCS SERVICES

Individuals determined financially and medically eligible are enrolled with a Program Contractor and assigned a case manager. The case manager meets with the individual to develop a service of care plan.

Services may include:

- Institutional Care in a Nursing Facility;
- Home and Community Based Services, combining outpatient and in-home care;
- Medical Services, such as Doctor's office visits and prescriptions;
- Behavioral health services;
- Preventive and well care for children; and
- Hospice services.

APPLYING FOR ALTCS

The eligibility determination process begins with the submission of an application.

To start an application call your local ALTCS office. The address and phone number are on the back page.

Anyone may apply for ALTCS benefits on behalf of the applicant. When several persons are available to apply for an applicant, priority is given as follows:

- Legal Representative
- Applicant
- Authorized Representative
- Responsible Relative (spouse or parent)
- Responsible Party

When an application is received or registered, an appointment with a Financial Eligibility Specialist will be scheduled.

To be determined eligible for ALTCS the applicant must meet and verify specific financial and non-financial eligibility requirements, and must be found medically eligible.

NON-FINANCIAL ELIGIBILITY CRITERIA

An applicant must meet the following conditions of eligibility:

- Age (65 or older or under 18), blindness, or disability as determined by the Disability Determination Services Administration (DDSA), pregnancy or deprivation;
- be a citizen or qualified alien;
- have a Social Security Number (SSN);
- be an Arizona Resident;
- must apply for potential benefits, such as Pensions or VA benefits.
- be in an approved living arrangement type.

Financial eligibility considers resources and income of the applicant and responsible parties.

RESOURCE ELIGIBILITY

Countable resources include but are not limited to:

- cash:
- checking, saving, credit union accounts;
- stocks, bonds, certificates of deposits;
- life insurance:
- non-home property;
- non-exempt vehicles.

Resources which may not be counted include:

- the applicant's home property, unless held in a trust;
- one vehicle:
- burial plots, irrevocable burial plans, or \$1500 designated for burial;
- household and personal effects.

Generally, for ALTCS eligibility, an applicant's countable resources cannot exceed \$2,000. When Community Spouse policy applies, a certain amount of the couple's resources is not counted towards this limit for an initial period of twelve months. The amount of resources that can be retained by the spouse residing in the community is called the Community Spouse Resource Deduction (CSRD). Effective January 2007, the minimum CSRD is \$20,328 and the maximum CSRD is \$101,640. Your personal CSRD will be calculated by an ALTCS Eligibility Specialist when a Resource Assessment is completed. For more information, request the Community Spouse information brochure

INCOME ELIGIBILITY

Income includes, but is not limited to, wages, Social Security, Supplemental Security Income, pensions, interest, and dividends.

The gross monthly income limit is \$1,869 (effective 1/1/07) for an individual. When Community Spouse Policy applies, income may be calculated in either of two ways:

- 1. The countable income of both spouses is added together and then divided by two (2). The result is compared to the gross monthly income limit of \$1,869.
- 2. If half of the couple's income exceeds the limit, only the applicant's income is compared to the limit.

SHARE OF COST

Once an applicant has been determined financially eligible for ALTCS, a calculation will be made to determine if, or how much must be paid towards the cost of nursing home or in-home services. This calculation starts with the gross income of the applicant and or responsible party. Deductions may be allowed for:

- a personal needs allowance;
- a Community Spouse allowance;
- · a family allowance for dependents;
- a home maintenance allowance;
- amounts for the applicants medical insurance premiums; and
- non-covered medical expenses.

